

Decoration Suggestions:

- Records or albums covers from the 50's
- Posters of movie stars from the 50's
- Pictures of jukebox
- At nurses stations or front check in desk display the following items in a group arrangement:
 - Old roller skates with float glasses stuffed with brown tissue paper to look like a drink and pompoms
 - bobby socks with Oxford shoes and an old 45 portable record player
 - Pointy high heels, box hat, white gloves, box purse and a pair of seam stockings
 - Poodle skirts, white shirts with a neck scarf
 - High School letter jacket, 1950 Yearbook, High School Band Directors Hat/baton
 - Foam wig head stand with a wig styled in a flip, brush curlers, empty can of Aqua Net hair spray
 - Lunch box from the 50 ear, old elementary song, math, reading books. If you know someone that has an old wooden desk it would make a great display in your front entry way.



50's Theme Overview:

- Hula Hoop Games
- Toy Fun
- Game "I Remember That!"
- Craft - Name Fan
- Game "Raise your Fan"
- Social – Sock Hop

Activity Details:

Hula Hoop games:

1. Have a hula hoop contest to see who hula hoop the longest time on their arm.
2. Hula Hoop Ring Toss - See who can ring an item 4, 8 or 10 feet away.
3. Hula Hoop Roll – See who can roll a hula hoop the farthest.

Toy Fun - Toys to use as props in games based on the 50 era:

1. Slinky - Set up books or boxes in stair steps to race the slinky down.
2. Whee-Lo – See how long can the residents keep their Whee-lo rolling.
3. Hot Potato – Play a round of Hot Potato.
4. Trolls – Hide Trolls around the facility so the residents can find. The resident with the most collected trolls wins.

Game: "I Remember That!"

Let's take a walk down memory lane with the fabulous fifties fashion. Place in a box or brown paper shopping bag some items that were popular in the 50's. Take the bag around and instruct the resident to reach in and without looking pull out one item. Once they pull out an item they need to identify the item to the group by holding it up to show it off. Once everyone can see the item and know what it is, then ask the resident the following questions about the item:



1. Did you have this item in the 50's?
2. If yes, do you remember who gave it to you? If no, do you remember any of your friends having one? Do you remember the friend's name?
3. What is the purpose of the item?
4. Do you think the item is still sold in stores today?
5. Did you ever have a funny experience with the item?

Once everyone has had a turn then you can either collect the items back or you can let the resident keep the item.

Below is a list of items you can collect to put in the shopping bag:

- Aqua Net hair spray
- Pearls
- Bandanas
- Peter Pan collars
- Berets
- Brylcreem
- Bobby socks
- Army men
- Breck shampoo
- Feather boas
- Hair scarves
- ID bracelets
- Old Spice cologne
- Silly Putty
- Boomerang
- Bazooka Joe
- Whiffle ball
- Bubble Gum Cigars
- Beanie (cap)
- Frisbee
- Blackjack Chewing Gum
- Mr. Potato Head
- Baseball Cards
- Coonskin hat

Craft:

“Name Fan” - Let the residents make and decorate their own fan. You may want them to make two, one to keep as a personal fan and the other to keep in the activity room for your games. Using the name fan during a game will help you keep some order in the group and make it fair so the same person does not answer all the questions. Sometimes you need to call on the residents that raise their fans but just can't get it up as fast as the others. You can also use these if you have an in-house auction.

Materials:

- Paint stir sticks (the paint stores might donate these since it is a way they can advertise), at least 2 per resident.
- Cardboard or poster board pre-cut into 8"x8" squares, 4 per resident if you want them to make two fans each.
- Glue and tape
- Paint and/or markers
- Glitter sticks and/or stickers or anything to use to decorate fan

Instruction:

1. To start, give each resident one paint stir stick and two squares.
2. In large letters print their names across the top of both squares, leaving an inch above and on both sides of their name. The name should be boldly printed for easy readability across the fan.
3. Place the first square name side down.
4. In the middle of the square about 3 or 4 inches long from the bottom up run the glue line.
5. Place the wide end of the paint stir stick on top of the glue and secure it with a couple pieces of tape. You will have about 7 or 8 inches of the stick as the handle.
6. Add glue around all edges of the first square and on the paint stir stick which is now glued to the first square.
7. Now lay the second square blank side down on top making sure to position the square evenly together with all the side. (you can also staple the side for a more secure seal)
8. Gently move this to the side so the glue can dry. You may want to put a book or something with weight on top of the fan once it is moved aside. This will help keep the card board or poster board lay flat and the glue will stick better.
9. While the glue is drying start the second fan by following instructions 1 – 8 again.
10. Once the second fan is set aside to dry, return to the first fan and decorate with any decorations available.

Game: “Raise your Fan”

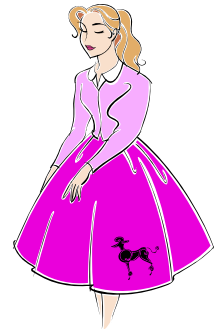
Ask the residents to name toys from the 50's that were popular. An easy way to keep count of the points is to write down the name of the resident who named a toy on your list. At the end of the game time total the points per residents name on the list. Now to put some physical movement in the game and to keep from all the residents answering at the same time let them use their name fans (see craft idea) to raise so you can call on them. If the resident does not name a toy on your list then give the others another try until someone names a toy on your list.

50's Toy list:

Army Men	Barbie	BB guns
Candy Land	Cap Guns	Erector set
Frisbee	Hot Potato	Hula Hoop
Jacks (or Jack rocks)	Kiddies Record Players	Lego
Lincoln Logs	Magic 8 Ball	Marbles
Matchbox cars	Mickey Mouse	Monopoly
Mr. Potato Head	Pick up Sticks	Play-Doh
Pogo Stick	Radio Flyer Wagon	Raggedy Ann doll
Risk	Scrabble	Silly Putty
Slingshot	Slinky	Tiddlywinks
Tinker Toys	Tonka Trucks	Trolls
View-Master	Whee-Lo	Yahtzee
Yo-Yo		

Social - Sock Hop Suggestions:

- Lady finger sandwiches filled with ham, tuna or chicken salad
- Root Beer or cola floats
- Chips/crackers served with Deviled Ham-Cheese Dip
- Celery filled with cream cheese
- Baked apples
- Soda pop (in bottles, which Coke is now selling again)
- 50's music
- Dance the Stroll (a staff member can push the WC residents down the middle so they can participate in the Stroll) and Hand Jive with the residents
- Ask staff or dancers to demonstrate the Swing, Cha Cha, and the Madison if anyone knows how to do it.



Have a great 50's Day celebration!